



Seaton St Paul's Junior School

PE Medium Term Plan 2023/2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	<p><i>Dance – EN</i></p> <p><i>Gymnastics</i></p>	<p><i>Passing for Possession (Invasion – Basketball and Football)</i></p> <p><i>Dribbling to Invade (Invasion - Hockey and Football)</i></p>	<p><i>Thinking Out loud- (Outdoor Adventure)</i></p> <p><i>Gymnastics – Symmetrical Shapes</i></p>	<p><i>Multi-Skills</i></p> <p><i>Tag Rugby- (Invasion)</i></p>	<p><i>Striking and Fielding – (Strike and Fielding)</i></p> <p><i>Over the Net – (Net Games)</i></p>	<p><i>Being and Athlete – (Athletics)</i></p> <p><i>Rounders</i></p>
Year 4	<p><i>Passing and Moving – (Invasion – Netball and Basketball)</i></p> <p><i>Dribbling, Movement and Teamwork – (Invasion – Hockey and Football)</i></p>	<p><i>Dance – EN</i></p> <p><i>Gymnastics</i></p>	<p><i>Decisions – (Outdoor Adventure)</i></p> <p><i>Gymnastics – What's my Direction?</i></p>	<p><i>Multi-Skills</i></p> <p><i>Rugby League - (Invasion Games)</i></p>	<p><i>Fielding – (Strike and Field)</i></p> <p><i>Returning- (Net Games – Tennis and Volleyball)</i></p>	<p><i>Record Breaking – (Athletics)</i></p> <p><i>Rounders</i></p>

Year 5	<i>Rules and Concepts –(Invasion-Football and Netball)</i> <i>Invasion in a Team (Hockey and Ball Skills)</i>	<i>Leadership – (Outdoor Adventure)</i> <i>Gym – Abstract Angles</i>	<i>Dance – EN</i> <i>Gymnastics</i>	<i>Multi-Skills</i> <i>Flag Football – (Invasion Games)</i>	<i>Exploring, Striking and Fielding</i> <i>Accuracy and Rallies - (Net Games)</i>	<i>Olympic Training (Athletics)</i> <i>Striking and Fielding – (Cricket)</i>
Year 6	<i>Invasion to Score –(Hockey and Football)</i> <i>Invasion – Competitive (Netball and Basketball)</i>	<i>Finding Success – (Outdoor Adventure)</i> <i>Gymnastics</i>	<i>Multi-Skills</i> <i>Rugby League – (Invasion Games)</i>	<i>Dance – EN</i> <i>Gymnastics</i>	<i>Striking and Fielding – (Teamwork)</i> <i>Net Games for Points (Net Games)</i>	<i>Going for Gold – (Athletics)</i> <i>Striking and Fielding – (Cricket)</i>

*Ipep taught by class teacher and CW.

*EN to teach all dance blocks.

*Intensive 1 week block of swimming for all year groups throughout the year.

*Catch up swimming sessions for Year 6 provided also.

EN

CW/RR

Class Teacher

