Be Safe and Smart Online Think Before you Post  $\mathsf{REWAl}$ Never share personal details Don't share your passwords Don't befriend or talk to people you don't know **BE Safe** 

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## Remember -

# Stay **SMART** and follow our school Online Safety rules:

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## Safe

Keep safe by not giving out personal information like school names, phone numbers, home addresses or pictures.  $\circ$ 

### Meet



Meeting someone you have only spoken to online may be dangerous. Don't do it without a trusted adult like your parent/carer.



## Accepting

Only accept messages and emails from people you know. Messages from others may contain things that harm your computer like viruses.



#### Reliable

Information on the internet may not be true and people may not be who they say they are.



## Tell

Tell a parent, carer, teacher or trusted adult if someone or something makes you feel uncomfortable, worried or if someone is being unkind online.

## What we do as a school:

Our school computer systems are designed to protect your child from many of these risks by blocking children's access to unsuitable websites and supervising computer/iPad use in the classroom.

- We maintain anti-virus software
- We use filtering and blocking systems to prevent access to inappropriate websites
- Access to laptops is password protected and secure
- We keep our network and Wi-Fi access safeguarded
- All staff have training to keep children safe whilst on the internet
- We keep searching safe on Google and other search engines

As a school we discuss internet safety with them regularly in our Computing Curriculum and you or your child will be asked to sign an acceptable use agreement that sets out the rules your child must follow when using school computers.

- Any complaints of misuse will be dealt with by a senior member of staff
- Pupils and parents will be informed of any internet misuse and any safeguarding incidents will be dealt with in accordance with our Child Protection Policy

## What you can do:

Faced with all these risks, you may be tempted to just stop your children from using technology, but most children will be able to access the internet at other locations or on phones or tablets. The best thing to do is to teach your child how to keep themselves safe online and take the following actions yourself:

- Talk about the dangers of using the internet, show an interest in what they are doing and negotiate with them to agree the 'SMART Rules' including boundaries on use of computers and mobile devices
- Let them know what kind of sites they should and shouldn't visit and try to encourage them to only use services and social networking sites that are designed for their age group
- Make children and young people aware of their 'digital footprint' and that once images and information are posted on the internet it cannot be removed
- Find out how they use the internet and stay up to date with the devices that can be used to access the internet
- Make sure you know how to check parental controls, privacy settings and filters on all computers, lap-tops, mobile and gaming devices; contact your internet service provider (e.g. BT, Virgin etc.) for advice on how you can do this
- If your child accidently visits an adult website or opens an unsuitable attachment, don't over-react, this may make them less likely to tell you the next time.
- Let your child know how important it is to tell you about any suspicious contacts or incidents of cyber bullying so you can take action

## What is Online Safety?

The internet provides children with excellent opportunities for learning and communicating with friends but sometimes, children don't realise that they can be as much at risk online as they are in the real world. As technology is constantly evolving, many parents feel they don't know enough about it to protect their children from the risks. Online Safety is how you can keep young people safe when using online technology.

## Be Aware of...

- Excessive and secretive use of computers, consoles and mobile devices – especially webcams/headsets
- Suddenly switching screens when you walk in
- Phone calls from unknown adults

### If there is a problem...

 Even when you take every precaution, there is still a chance children could come into contact with inappropriate content.
Make sure they know to tell a trusted adult about any issues and reassure them they will not be blamed.

## If your child receives unsuitable images...

- Tell them to close the link and go the history folder and delete the website address
- Contact the Internet Watch Foundation to report any unsuitable websites.

## If your child is being cyberbullied...

- Tell them not to respond
- Print or save messages and emails as evidence
- If the bullying is via a smartphone or instant messaging contact the internet or phone service provider and ask them to block all messages from the sender (if they're on social media contact the website/app provider)
- Ensure they are accessing social media/gaming sites that are age appropriate
- If the bully's identity is known let the school know what's happening so they can help deal with it
- If the threats are severe or go on for a long time, contact the police.

## If your child is in online contact with an unsuitable adult...

- Tell them to end contact immediately
- Ensure they only allow close friends to access their social networking by setting privacy levels to 'friends only.'
- o Report the matter to the police or Child Exploitation and Online